

YDEF NEWS

YOUNG
DIABETOLOGISTS
& ENDOCRINOLOGISTS
EDUCATION • REPRESENTATION • COMMUNICATION

This is only a brief update – because COVID has stopped the majority of our courses and we are trying to adapt to the virtual environment we find ourselves in. Despite this, the YDEF committee is continuing to develop courses and opportunities for SpRs and young consultants. Little has changed since the previous update except perhaps a few extra grey hairs from the last few months!

Firstly, we were pleased to be able to support the speciality advisory committee at the Royal College of Physicians in the development of the new curriculum for trainees. The draft version should be available for sharing in the coming weeks. We also have taken this opportunity to survey trainees nationally to try providing evidence of problems we encounter with training, or those that might develop in the future if access to tertiary centres is reduced in the shift to Internal Medicine Training (the new Core Medical Training) and the introduction of IMT3. We have some provisional results

which we are hoping to publish and share in the coming months and that we hope provokes thought about what needs to be done in every area of the country to provide some protected training without the often-time-consuming commitment to general medicine rotas or ward work.

We were really pleased to be able to run an Obesity webinar jointly with the Association for the Study of Obesity (ASO) – this was well attended and greatly received. This is an important topic and something which are planning to focus more resources on in future. Our initial plan for a 2-ay course was scuppered by the virus, but we plan to go ahead with this in some form (virtual or in-person) in 2021.

COVID has also allowed us to work more closely with ABCD. We are really excited about our joint venture, supported by Lilly pharmaceuticals, for monthly webinars aimed at Diabetes & Endocrine SpRs. We hope this will fill the gaps left from the training opportunities

that we have lost due to COVID rotas and general medicine on-call commitments.

Finally, another joint venture. We are really pleased that alongside the *British Journal of Diabetes* we are launching a Quality Improvement Project award. We have all had to make significant changes to our services and some of the results have been impressive. There is no better way of sharing your work than writing these up and submitting for consideration (and there is an associated prize of £250 for the top 3 pieces or work as well as publication!). This is a fantastic opportunity for an SpR, early consultant or diabetes MDT member and we really hope people submit their projects and inspire other centres to think about how they might improve their services as well!

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YDEF is dedicated to all diabetes and endocrine trainees and is open for new members to register on our website. Take advantage of our regular newsletters and up-to-date advertising of a wide variety of courses and meetings to complement your training.

As always, we are continuously looking to develop and propagate our specialty so do not hesitate to contact us if you have any suggestions or questions!

www.youngdiabetologists.org.uk @youngdiab on twitter