

# A glimpse at the 83rd Scientific Sessions of the ADA

Dr Caroline Day reports on the hybrid meeting hosted at the San Diego Convention Center, 23-26 June, 2023



## Introduction

Combined in-person and online participation at the 83rd Annual Scientific Sessions of the American Diabetes Association was >12,000. However, this is about 25% lower than when the meeting was last held at this popular San Diego waterfront venue in 2017, and attendance was 20% below that at the last pre-pandemic meeting (San Francisco in 2019). Of necessity the 2020 meeting transitioned to online only, and the number of participants at the 80th Scientific Sessions was similar to this year's hybrid meeting.

## Engaging with the meeting

Links to this year's scientific sessions can be found on the ADA website. Access is offered to abstracts and posters, but webcasts are not yet available on this link.<sup>1</sup> The scientific sessions webcasts are available 'on demand' to registered delegates (it's never too late) – go to the Events tab.

To navigate the meeting the final programme can be downloaded as a flipbook from the ADA website.<sup>2</sup> In addition to a range of symposia, mini-symposia, update sessions and industry-sponsored learning opportunities there are more than 1,600 posters to view (>280 late breakers) and more than 370 oral sessions to watch. To select material of potential interest the abstracts book can be accessed via the Diabetes Journal section of the ADA website. Since there are more than 2,000 abstracts (70 of them published only) it would be useful to have a pdf of the supplement on file.<sup>3</sup>

## Highlights

In addition to the award lectures (Table 1) there were plenty of presentations at this meeting which were considered highlight events. These can be viewed on the ADA website by accessing ADA Meeting News (Meeting News tab, which also links to videos, i.e. interviews on

**Table 1.** Awards 2023

National scientific and health care achievement awards and lectures	Recipient
Banting Medal for Scientific Achievement Lecture: <i>Overcoming obesity – the discovery of multi receptor drugs and disease</i> (Sunday, 25 June, 9.45 am)	Matthias H. Tschop Germany
Outstanding Educator in Diabetes Award Lecture: <i>Optimal diabetes care through listening to multiple voices</i> (Saturday, 24 June, 9.45am)	A Enrique Caballero USA
Kelly West Award for Outstanding Achievement in Epidemiology Lecture: <i>Diabetes in South Asians – uncovering novel risk factors with longitudinal epidemiologic data</i> (Saturday, 24 June, 3.15pm)	Alka M Kanaya, USA
Outstanding Scientific Achievement Award Lecture: <i>The ailing beta cell in diabetes – insights from a trip to the ER</i> (Monday, 26 June, 9.45am)	Carmella Evans-Molina, USA
Outstanding Achievement in Clinical Diabetes Research Award	Silva Arslanian, USA
Outstanding Physician Clinician in Diabetes Award	Mandeep Bajaj, USA
Albert Renold Award	Raghu G Mirmira, USA
Harold Rifkin Award for Distinguished International Service in the Cause of Diabetes	Mark A Atkinson, USA
Professional interest group awards and lectures	
Edwin Bierman Award (Complications) Lecture: <i>Benefits of lowering liver fat in prediabetes and diabetes</i> (Friday, 23 June, 2.00pm)	Elizabeth J Parks USA
Richard R Rubin Award (Behavioural medicine and psychology) Lecture: <i>The evolution of behavioral diabetes – The intersections of behaviour and biology</i> (Friday, 23 June, 2.00pm)	Deborah Young-Hyman, USA
Roger Pecoraro Award (Foot care) Lecture: <i>Health inequalities and limb preservation</i> (Saturday, 24 June, 1.30pm)	Tze-Woei Tan, USA
Norbert Freinkel Award (Pregnancy) Lecture: <i>A diabetes pregnancy technology road map</i> (Sunday, 25 June, 1.30pm)	Helen R Murphy, UK
Lois Jovanovic Transformative Woman in Diabetes Award (Women's Interprofessional Network of the ADA)	Ann L Albright, USA

ADA TV).<sup>4</sup> Medfyle Today (accessible via ADA Highlights link) also offers interesting daily coverage of the meeting if you are not a UK healthcare professional – change your VPN location to view.<sup>5</sup>

## Diary date

Book extra annual leave to include 21-24 June, 2024 and partake of some Florida fun. The ADA meeting will be at the Orange County Convention Center on International Drive – just a few minutes' drive to Walt Disney World, Sea World and other Orlando attractions. Time to check out those charter flights.

## References

- ADA scientific session website <https://professional.diabetes.org/scientific-sessions>
- ADA programme, 83rd Scientific Sessions 2023. <https://www.nxtbook.com/tristareventmedia/ADA/SS83-final-program/index.php>
- ADA 83rd Scientific Sessions Abstracts. Diabetes 2023;**72**:suppl 1. ISSN 0012-1797, EISSN 1939-327X. [https://diabetesjournals.org/diabetes/issue/72/Supplement\\_1](https://diabetesjournals.org/diabetes/issue/72/Supplement_1)
- ADA Meeting News. <https://www.ada-meetingnews.org>
- ADA 2023 Medfyle coverage. <https://ada23.medfyle.com>

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